



MINUTES OF THE REGULAR MEETING  
OF THE SENIOR ADVISORY COMMISSION  
March 24, 2008

COMMISSIONERS PRESENT: Anne Creighton, Patrick Driscoll, Frank Kadlecsek, Foster Lopes, Doris Modesitt, Edward Murphy, Alice Pivacek

COMMISSIONERS ABSENT: None.

STAFF PRESENT: Marilyn Dippell, Acting Superintendent of Parks & Recreation  
Katy Carter, Senior Center Director  
Sue Avina, R.N.  
Marian Ecklund, R.N.

GUESTS: Patricia O'Brian – Lifelong Fitness Alliance  
Susie Keels, Robert Modesitt, Jean Salmon

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MATTERS FOR COUNCIL ACTION – None.

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- I. CALL TO ORDER – The meeting was called to order by Chair Modesitt.
- II. MINUTES OF THE February 25, 2008 MEETING – Minutes were approved as written.
- III. CORRESPONDENCE/COMMUNICATION – The commission received information that on Saturday, March 29, the Senior Center computer lab will be open for rebate/tax filing only.
- IV. REPORTS –
- A. Senior Center Needs/Transportation – Commissioner Pivacek – The wait time for Outreach is sometimes as long as 90 minutes. Interaction with seniors indicates that many are unaware of the Heart of the Valley ride services.
  - B. California Senior Legislature – Commissioner Lopes – Currently resolutions are being prepared for Sacramento concerning reverse mortgage disclosures and predatory lending.
  - C. Volunteers/Communication – Commissioner Kadlecsek – Katy Carter is setting up a presentation from Learning Center of Senior Net for consideration.
  - D. Nutrition – Commissioner Modesitt – Commissioner Modesitt reviewed her eleven years of service to the Senior Center and the City of Santa Clara as a volunteer.  
The nutrition program averaged 65 meals per day this month, with a high of 88. The current budget allows for 65.
  - E. Senior Center Assessment – Commissioner Driscoll – We are currently working on a screening form for research petitioners. Procedures and processes were discussed to exercise some form of control.
  - F. Health and Wellness/Case Management – Commissioner Creighton – Reported 116 office visits including blood pressure checks, 9 blood glucose screenings, 11 home visits, 60 Walk and Talk

participants, 15 telephone consults, 97 drop-in blood pressures and 8 referrals, in the month of February. The Pain after Shingles class had 18 participants.

- G. Council on Aging – Commissioner Murphy – Distributed monthly report. COA discussed TheHEALTHTrust - Meals on Wheels.

Guests were present but did not speak on any of the items.

- V. SUMMARY OF COUNCIL ACTIONS – The Commission reviewed City Council Actions pertaining to seniors.

VI. NEW BUSINESS

- A. Upcoming Events – The Senior Center Lunch Special is going very well and people are enjoying the variety. The menu for Thursday, April 17 is pizza and salad. The relay for life fund raiser, held at Buchser Middle School, benefits the American Cancer Society. The relay, begins at 3:00 p.m., Saturday, May 17 and ends at 10:00 a.m., Sunday, May 18. Volunteers are needed.
- B. Election of Chairs – Commissioner Ed Murphy is the Chair, Commissioner Frank Kadlecsek is Vice Chair and Commissioner Anne Creighton is Secretary.
- C. New Case Manager – Dawn Pollak is our new Case Manager. She will begin working part time, adding more hours in June.
- D. New Spring Dance Socials – There will be a Country Western Dance Wednesday, April 16 from 5:30-10:00 p.m. A Jam Session will be held Friday, April 18, 3:00-6:00 p.m. A five dollar entrance fee will be charged.
- E. Stanford Pedometer – Patricia O'Brian of Lifelong Fitness Alliance reviewed the specifics of the "Stepping Strong" program. The orientation for the program will be May 14.
- F. Volunteer Recognition Report – The lunch was a great success. Many participants thanked the staff for one of the "best programs in years".

VII. OLD BUSINESS – None

- VIII. PUBLIC PRESENTATIONS – Susie Keels shared about roofing scams in Santa Clara neighborhoods. It is recommended that people have a home inspection service check out the roof before any work is done. It was noted that a city building inspector will come out when an application for a permit is received. Commissioners requested the staff report on the possibility of the Senior Center holding a seminar on scams.

- IX. SUGGESTION BOX REVIEW - Commissioner Kadlecsek submitted a complete list of all suggestions received during the months of February and March. The list was reviewed. Many of the suggestions have already been addressed and several others are under discussion.

- X. There being no further business, the meeting was adjourned. The next regular meeting is scheduled for April 28, 2008 at 10:00 a.m. at the Senior Center.

Prepared by: \_\_\_\_\_  
GEORGE FRIEDENBACH  
Acting Director of Parks and Recreation

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ANNE CREIGHTON  
Secretary